



# Join FEW 2017- 2018

## # GrowGirlsWrestling

Female Elite Wrestling Offers Wrestling Instruction

Specifically for Iowa Girls and Young Women.

No Prior Wrestling Experience Required! Try a practice or two at no charge at the [Dan Gable Wrestling Museum in Waterloo](#). Join FEW for the season with the membership fee that matches your athlete's interests and level of readiness for competition.

Registration for 2015-2016 opens soon. Sign up online at [www.trackwrestling.com](http://www.trackwrestling.com)

### "FEW Trainer" Fee- a great fit for your beginner or winter-season wrestler

\$25 FEW fee includes the Limited USA Wrestling membership (\$15 value), USA Wrestler magazine and sports accident insurance. Trainer members can attend practice throughout the season for no additional charge. All experience levels are encouraged to attend the FEW state tournament (girls only) and Iowa USAW folkstyle state tournament girls divisions. FEW Trainers also receive invitations to special girls-only camps and clinics.

### "FEW Travel Team" Fee- a value for competitive wrestlers of all experience levels

\$65 fee includes FULL USA Wrestling membership (\$45 value) valid from 9/1/17 - 8/31/18.

As full members, travel team athletes can compete in freestyle & folkstyle events at the state and national level. Fundraisers to help reduce out of pocket costs for national competition will be available several times during the season. Travel team athletes receive a **team t-shirt** and **discounted entry to the FEW state tournament** plus all the benefits of a trainer membership. Exclusive FEW TEAM IOWA fan gear and competition gear for team events will be discounted for Travel Team members and their families.



\*Find out more about FEW athletes and opportunities on [Facebook](#) and in the [News](#)\*

\*Email questions to [coach@femaleelitewrestling.org](mailto:coach@femaleelitewrestling.org)\*

\*Club Mailing Address: FEW, 6 Kearney Ct. Iowa City, IA 52246\*