

CONFLICT



for



Charity

10.07.23 HS & 10.8.23 PRE-K - 8

Pre-K - 12

Girls Preseason

Wrestling Tourney

All Proceeds to U of I
Children's Hospital
UI Dance Marathon

Register @ USAW
Order tournament
shirts online!
Find out more at
Femaleelitewrestling.org



2023 Conflict 4 Charity

Registration

Youth 1 athlete cost \$25*

Youth 2-HS athlete cost \$35*

Pre-registration & USAW '23-'24

membership required

Girls-only competition



Age Divisions

Youth 1: '18 or after

Youth 2: '16-'17

Youth 3: '14-'15

Youth 4: '12-'13

Middle School: '09-'11 & grades 6-8

High School: grades 9-12

Spectators/Coach Bands

Kids/Students Free

Adults \$15/day or \$20 for both

Current season USAW leaders \$10* Coaches Band

*Discount for Leaders w/Teal course completion

Competition Format

Brackets: Six+ athletes-Traditional Line

Five or fewer athletes-Round robin

Modified Rules: Neutral restarts

Out of bounds step out point

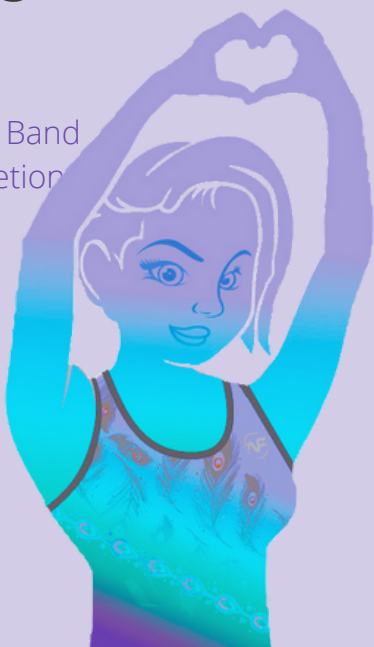
Headgear optional

Match duration (min per period)

All Youth 1:1:1

Middle School 1.5:1.5:1.5

High School 2:2:2



Weigh Ins - night before 6-7pm @GreenState*

Same day 10.7.23 or 10.8.23 7:00-7:30am at Green State Family Fieldhouse

Those competing in both individual & dual team tournaments only weigh in 1x**

Weight Classes By Age Group

Youth 1: Blocked weights

Youths 2-4 & Middle School Weight Classes:

46-52-58-65-73-82-91-100-110-120-135-146-155-170***

High School Weight Classes:

100-106-112-118-124-130-136-142-148-155-170-190-235***

**Must compete for weigh in to count for both tournaments, otherwise weigh in same day

***Weight classes may be added/combined as needed

Email questions to fewteamia@gmail.com